



PRACTICE PLAN

DATE	
DAY	
NUMBER	

PRACTICE GOALS

TIME

SCHEDULE

[illegible]

ORANGE

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

BLACK

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

PLAYER'S NOTES

COACHES NOTES




